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Regal Court Business Centre

Meet the Team

Fiona Bryan

Business Centre Manager

Rebecca Walters

Customer Service Representative

Olivia Brooke

Customer Service Representative

David Taylor

Estates Manager

Bob Sampson

Head of IT

Chris Carter

IT Technician

Hello to March!

The name of March comes from Latin "Martius", the first month of the earliest Roman calendar.



It was named for Mars, the Roman god of war who was also regarded as a guardian of agriculture and an ancestor of the Roman people through his sons Romulus and Remus. His month Martius was the beginning of the season for both farming and warfare and the festivals held in his honour during the month were mirrored by others in October, when the season for these activities came to a close.

Martius remained the first month of the Roman calendar year perhaps as late as 153 BC and several religious observances in the first half of the month were originally new year's celebrations. Even in late antiquity, Roman mosaics picturing the months sometimes still placed March first.

Grand Opening

As the building work continues on the ground floor reception, the Regal Court team are busy planning a big event to celebrate the re-opening of our new reception!

Proceedings will include the cutting of a ribbon, delicious catering and fantastic prize draws! We'd really love for all of our clients to come down and enjoy themselves as we celebrate the new reception we've been waiting for with eager anticipation!

Cats Protection

A client of ours will be holding a bake sale later this month to raise money for Cats Protection. Cats Protection is the UK's leading feline welfare charity with a vision of a world where every cat is treated with kindness and an understanding of its needs.



This is done through simple and clear objectives to help cats such as finding good homes for cats in need, supporting and encouraging the neutering of cats and improving people's understanding of cats and their care. Cats Protection are quite active in Slough with collecting feral cats, sometimes only 10 minutes from here!

We'd love for everyone to get behind this wonderful cause!

More information will be posted on the noticeboards and sent out in

an email closer to the time. If you'd like to contribute to the bake sale, please let us know! The idea is for all the cakes or biscuits to be cat themed!

Welcome!

New clients have moved in with us last month, so please join us in giving a warm welcome to Zaromco on the 4th Floor!

"Zaromco Recycling provides you a trade oriented disposal solutions for all your equipment which is no longer in use. So, before your next upgrading is due, or may be you expand or downsize your business it would be really worth your while to consult with us to deal with your disposal issues. In most cases we would pay you for recycling your old equipment but at worse you will free that valuable space at no cost



We are extremely pleased that we have chosen Regal Court Business Centre to be our registered address and our Administrative Office. The staff here is simply awesome, friendly and helpful. The atmosphere in and around the building is very uplifting and pleasant to work. We would most definitely recommend to anyone."

Got something to shout about?

Any news, special offers, successes or charity involvements you would like to share, please email us at reception@regalcourt.co.uk by Friday 24th March and we will include it in our next newsletter!



What's on?



Learnt to sing with the Royal Harmonics!
Alma Road Social Club, Windsor, SL4 3HD
Every Wednesday from 1 March - 22 March
7:30pm - 10:00pm

The Royal Harmonics is looking to recruit more members! Men are invited to join the chorus for a 4-week, FREE, singing induction course. We are looking for those who could already be singing with another choir or those who might just enjoy singing and can hold a tune, but have never had the opportunity to take it seriously before. All course material will be provided, and it is not necessary to be able to read music. Each evening will be split between developing individual skills and then working with the main chorus to learn and present a new song together. Contact Richard Gabriel to reserve your place. enquiries@royaharmonics.org.uk 07947 210883

BHF London to Reading Bike Ride
Kempton Park
18th March from 8am



Be first out of the blocks with your fitness drive this new year by joining the fight against heart disease and taking on this 40 mile challenge with British Heart Foundation. Setting off from the outskirts of London, you'll cycle through picturesque villages and spring countryside as you head for the euphoria of crossing the finish line in the bustling town of Reading. £20 to enter. For more info go to <https://www.bhf.org.uk/LondontoReading> events@bhf.org.uk 0845 30 8663

International Women's Day
The Curve, Slough
8th March, 5pm-7.30pm

Healthy You is a free ladies only health & wellbeing event open to any female aged 14 and above. Come along to The Curve for a free mini massage, see a healthy smoothie demonstration, try out some fitness and have a health check done for free. There will also be organisations offering information and advice. There will be a free raffle with some fabulous prizes and a goody bag to the first 50 people that attend.

Please note that men will not be permitted and under 16's need to be accompanied by an adult.
For more information, contact Lisa Brades at A2Dominion on 0208 8251709

Dates for the Calendar!

1st—St David's Day & Ash Wednesday
8th—International Women's Day
12th— Holi & Purim
17th—St Patrick's Day
20th— March equinox
26th— Mothering Sunday & Daylight Saving Time Starts +1 hour ("the bad one")

HOFFMAN BIRTHDAY BONANZA

**It's Hoffman's birthday
on the 21st!**
**For the week of his birthday
enjoy 20% off that meeting
room and 50% off on the day!**
**CONTACT RECEPTION FOR
MORE INFORMATION!**

A little Health and Safety..

As you are aware we run the centre Monday to Friday 8am-6pm. Within these time we are here to cover all health and safety procedures including the fire alarm system.

However, out of these hours it is up to the individual client to fully understand the procedures in order if something is to happen they know what to do.

If you need to be trained, there is a one hour training session that any of can attend free of charge, just let us know.

But please note in an emergency to ring the centre manager, Fiona, on her out of hours mobile: 07715 682 343