What's happening at Regal Court Business Centre!?

October 2018

## **Macmillan Coffee Morning**

We would like to say a big thank you to everyone who brought in cakes, came down stairs and donated to an amazing cause. With your guys help we have managed to donate a whooping

£ 90.71

All of us know someone or have met people who have faced this battle and with coffee mornings like this, it goes towards new medicine and methods on making sure each one of them have the best chances of winning this battle.









# **Halloween at Regal Court**

Why not join us on Wednesday 31st
October for some spook-tacular treats,
cakes and biscuits in reception.
Also why not get involved and dress
up! Maybe a witches hat to the
extrema of Halloween make up we
would love to see it all!

## **New Clients!**

With the summer drawing to an end, we have seen many businesses bloom back into action with;

# **Hex interiors**

One of our fastest companies to move in was Hex Interiors! After touring and viewing the office they signed and moved in the same day! Hex Interiors have moved into an office onto the first floor!

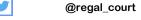
We have also had <u>Staff Support</u>
<u>Solutions</u> join Regal Court Business
Centre after being a virtual client since
April! Now expanding to a shared office
on the first floor!

World Start Recruitment have also been a long time virtual client of ours joining us back in February 2017. Now have an office on the 4th floor!

With Kenney Scott recently taking on new contracts to help unemployed people develop skills that will benefit them and their working career, they have also seeked more office space on the first floor which they will utilise as a training room! This will be the 4th office they have at Regal Court!

# Why not follow us on social media!





in Regal Court Business Centre

# **Meet the Team**

Fiona Bryan
Business Centre Manager

# Hayley Phelan Customer Service Representative

# Sian Warner Customer Service Representative

# Heidi Parker Customer Service Representative

# **David Taylor** Estates Manager

# Bob Sampson Head of IT

# Patryk Kozanowski Systems Engineer

# Mai Badawy Systems Engineer





Join 1000's of Businesses on Thursday 4th October (9.30am / 3.00pm) at Green Park

FREE TO ATTEND: www.thamesvalleyexpo.co.uk Visit Our Stand

Keep an eye out for Regal Court Business Centre's next billboard on Cippenham Road from Monday 8th October till Sunday 21st October.



# What's happening in Slough!?

## Slough Half Marathon

The Slough Half Marathon is perfect for both recreational runners, perhaps entering a timed race for the first time, or competitive runners looking to achieve a personal best.

**Enter Today!** 

http://www.slough.gov.uk/leisure-parks-and-events/sloughhalf-marathon.aspx



# Important dates in October

Tuesday 2nd—International Day of Non-Violence

Wednesday 10th—World Mental Health Day

Tuesday 16th—World Food Day

Sunday 28th—Clocks Go Back

Wednesday 31st—Halloween

#### Winter Weather....

With the weather getting colder, there will be a chance of snow and ice. It is important all persons adhere to common sense protocols and accept they have a responsibility for personal safety by following simple rules:

Snow and ice present health and safety risks, as the potential for slips, trips and falls increases significantly.

Walk, don't run.

Wear appropriate footwear with a non-slip sole.

Try where possible to keep your hands free of objects in order to aid balance and minimise the effects of a slip, trip or

Allow more time for your journey.

Be mindful of slipping while walking, particularly when using ramps and steps.

If driving be mindful of skidding when leaving car parks as they may not have been gritted.